



WEBSITE: <https://operationrecovery.org>

SOCIALS: @officialopreco



Operation Recovery digitally-deploys military veterans, first responders, and skilled civilians around the world in rapid-response remote assistance teams. We provide humanitarian support and coordinate with the US government to enable safe passage and resettlement for Americans and Allies abroad in need.

EMDR PROGRAM STAGES

Together, these steps form a robust, scalable, and impactful program. By investing in Operation Recovery's Ukraine Mental Health Initiative, you are supporting a model for mental health intervention that can be deployed globally, offering hope and recovery to those most in need.

1. IDENTIFICATION OF LOCAL PROVIDERS

We connect with mental health providers across Ukraine, forming the basis for our initiative.

2. EMDR PSYCHOTHERAPY METHODOLOGY INTRODUCTION

We remotely introduce providers to EMDR Psychotherapy, ensuring our techniques reach every corner of Ukraine.

3. PROVIDER TRAINING

Our expert-led sessions equip providers to administer EMDR.

4. COHORT DEVELOPMENT

Providers are grouped for continuous support, promoting a learning community for growth and improvement.

5. PERFORMANCE EVALUATION

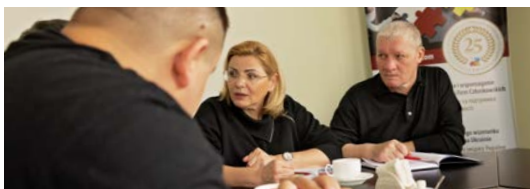
We track the number of trained providers, classes, and cohorts to gauge our program's reach.

6. ASSESSING EFFECTIVENESS

We evaluate our impact through the number of patients treated, feedback, and program expansion.

7. CONTINUOUS IMPROVEMENT AND EXPANSION

Based on evaluations, we enhance our methods and look for expansion opportunities to increase our reach.



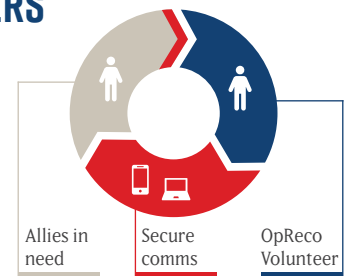
SUPPORT. SUSTAIN. ENABLE.

Our agile organization is comprised of more than 150 highly-trained and experienced volunteers including Special Operations veterans, intelligence specialists, medical professionals, immigration experts, refugee organizers, and advocates. We work remotely through secure electronic channels to assess, organize, coordinate, and deploy life-saving support in the aftermath of global crises and disasters. Our response is immediate and our reach extends anywhere the need exists.

DIGITAL DEPLOYMENT PIONEERS

Operation Recovery is pioneering a **Digital Deployment** approach to crisis and disaster response. Our volunteers:

- Are available in the immediate aftermath of crisis
- Utilize secure open-source tools to connect and maintain contact with Americans abroad, as well as allies in need
- Determine targeted, real-time areas of local aid opportunity
- Provide aid globally at any time, from any location



UKRAINE MENTAL HEALTH INITIATIVE

As an integral part of Operation Recovery's worldwide humanitarian efforts, our Ukraine initiative embodies our dedication to mobilizing the unique expertise of military veterans, first responders, and skilled civilians. We deliver swift and effective aid in crisis situations through a digital deployment strategy. The ongoing Ukraine initiative underscores our comprehensive approach, providing vital aid and extensive support to those most impacted by the relentless conflict.

THE EMDR PILOT PROGRAM

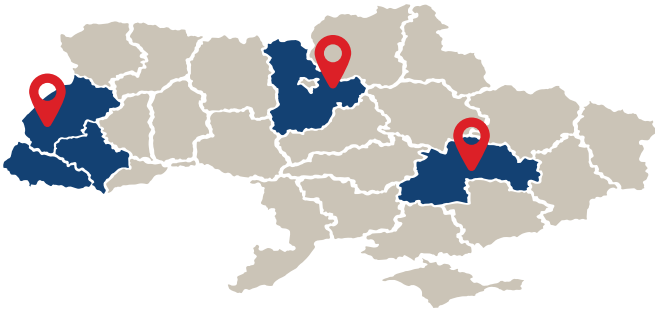
Our EMDR Pilot Program is an innovative mental health initiative that trains local caregivers in EMDR techniques. This structured psychotherapy approach treats trauma and its associated symptoms, such as depression and anxiety, by reprocessing maladaptively encoded traumatic memories. This scalable, flexible program begins with a cohort of participants identified by our local partner, **Herts.org.ua**. As the partnership progresses, additional cohorts may join the program, enhancing Ukraine's overall mental health support landscape.

"Thanks to you [the teachers and organizers of this course]. A lot of our work is related to PTSD. [...] I managed to prevent suicide in one of the cases I worked with and to successfully process [many] others. I am impressed by the effectiveness of the method and the speed of onset of the result."

- Ukrainian Practitioner, assisted by Operation Recovery

"Thanks to this knowledge, I feel much more confident as a therapist who [is] working with victims of war."

- Ukrainian Practitioner, assisted by Operation Recovery



INVESTING IN HEALTH: COST OF CARE

Delivering high-quality mental health support in a conflict zone is complex and resource intensive. Here are key areas where funding is critical:

- **Training Costs:** Investment in comprehensive, ongoing EMDR training for local caregivers is essential. Costs cover the production of training materials, provision of live instruction, and ongoing mentorship and support.
- **Technological Infrastructure:** Secure, reliable communication channels and virtual meeting platforms are vital for remote training and case consultations. Investment ensures the smooth delivery of our program in a challenging context.
- **Equipment:** Essential therapeutic tools, such as Tactile Bi-Lateral Stimulation Devices, are needed to administer EMDR techniques. These devices must be sourced, purchased, and shipped to Ukraine.
- **Administrative Support:** Coordinating such an initiative demands a robust administrative support structure. This includes staff coordinating the program, liaising with partners, and ensuring compliance with local regulations and international best practices.
- **Monitoring and Evaluation:** Regular assessments of the program's impact are crucial to ensure it remains effective and responsive to changing needs. This involves data collection, analysis, and report writing.

Investing in our Ukraine Mental Health Initiative provides immediate relief to those affected by the conflict. It lays the groundwork for scalable, adaptable mental health interventions that can be deployed in future crises.



PARTNERS IN PROGRESS



Operation Recovery collaborates with trusted local and international partners, including Nehemiah, Wickr, UNCOMN, Ukraine NGO Coordination Network, Chain Bridge Bank, Freedom Shield Foundation, the **US Department of State**, and Helping Hands, a Stuttgart military spouses' organization.

HOW CAN YOU HELP?

Your financial support will enable us to:

- **Expand our EMDR training:** Enhance our capability to train more caregivers in this effective trauma therapy.
- **Equip our program with essential tools:** We need Tactile Bi-Lateral Stimulation Devices to facilitate the EMDR process.
- **Increase our mental health support:** Extend vital mental health services to more individuals affected by the conflict.

By supporting Operation Recovery's Ukraine Mental Health Initiative, you bolster the healing of those in crisis and aid in developing a scalable mental health intervention model. This initiative impacts immediate recovery and shapes our future crisis responses, including our US Veterans Health and Wellness Initiative. The EMDR techniques applied in Ukraine also benefit our veterans grappling with PTSD and mental health concerns at home. Your support transcends borders, bridging global humanitarian efforts with our commitment to our nation's service members.

Help us bring hope and recovery to those in dire need. Your support will make a tangible difference. Join us in our mission today.



GIVING INFORMATION

Checks by Mail / Wire:

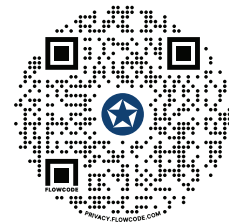
Operation Recovery
23781 US Hwy 27 STE 412
Lake Wales, FL 33859

Receiving Bank Routing:

Chain Bridge Bank, N.A.
1445-A Laughlin Ave
McLean, VA 22101

Routing Number: 056009479

Account Number: 2100162656



501(c)(3) Tax ID: 84-4836118

Jon Collette
President of the Board

+1 (813) 922-1111

inquiries@operationrecovery.org